1 The Equivalence of Mass and Energy

The Einstein relation

$$E = mc^2 (1)$$

is a statement of the facts that a given mass can be converted into a specific amount of energy in some form and that a given amount of energy can be converted into a specific amount of mass. The process of nuclear fusion in which two deterium nuclei (deuterons) fuse under a sufficiently hot and high pressure environment to form a helium nucleus (alpha particle)

$$D + D \Longrightarrow He,$$
 (2)

yields the energy

$$\Delta E = (2m_D - m_{He})c^2. \tag{3}$$

For $m_D=3.34\times 10^{-27}kg$, $m_{He}=6.64\times 10^{-27}kg$ and $c=3\times 10^8m/s$, the energy released by one such fusion event is

$$\Delta E = 3.6 \times 10^{-12} J = \frac{3.6 \times 10^{-12} J}{1.6 \times 10^{-19} J/eV} = 2.25 \times 10^7 eV = 22.5 MeV.$$
 (4)

Fusion of one mole (6.02×10^{23}) deuterium molecules (D_2) yields

$$2.2 \times 10^{12} J = \frac{2.2 \times 10^{12} J}{3.6 \times 10^6 J/kWhr} = 6.1 \times 10^5 kWhr$$
 (5)

of energy.